

## TREATMENT INFO



Exclusively using DERMAQUEST skincare products, we are able to offer unparalleled skincare. DermaQuest chemical peels and resurfacer treatments harness the deeply exfoliating properties of a variety of naturally occurring acids including those derived from fruit, nuts and milk to name but a few.

These acids including Lactic, Mandelic, Glycolic and Salicylic help to un-clog pores, reduce inflammation and regulate excessive oil production thus removing dead and damaged skin cells and stimulating the renewal of healthy new cells beneath the surface of the skin. Following your treatment, once healed, open pores, blemishes, acne, pigmentation and fine lines are all visibly reduced and your skin is left glowing, tightened and radiant.

Combining home care, resurfacers and peels we are able to create the perfect skincare regime bespoke to you. Both treatments are suitable for ALL skin types.

### Resurfacers

Resurfacers sometimes referred to as mild peels, are superficial treatments, working on the very top layers of the epidermis, using enzymes and acids to refine and exfoliate.

Dermaquest Resurfacers have generally little-to-no downtime.

### Peels

Chemical Skin Peels are advanced treatments that treat the top layers of the skin but also penetrate the mid to lower levels of the epidermis, delivering stronger, extended results. Because chemical peels are so active and deeply penetrating, 7 -10 days of downtime can be expected. Dermaquest preparation products must be used on the skin for four weeks prior to any peel treatment.

### Our Resurfacers:

Lactic Acid - This is our most gentle exfoliation & perfect for a sensitive skin type

Glycolic Acid - Normal/combination skin type

Salicylic Acid - Oily/acne prone skin type

### Our Chemical Peels:

TCA /Salicylic Acid - Peel - Our strongest peel perfect for anti-aging

SkinBrite Peel - The holy grail for treating any pigmentation, inc melasma

Salicylic Acid Peel - To treat acne issues

Modified Jessner Peel - Uniquely formulated to prevent breakouts and calm current blemishes.

## Patch Test & Skin Preparation - IMPORTANT!

A consultation is vital as part of your skincare journey - this is where we will get to know your skin, discuss the concerns you have, what products you are currently using at home and what we feel could be added to your regimen to help you achieve your skin goals.

Patch tests MUST be carried out for all resurfacers and peels. This needs to be at least 2-3 days before your first treatment. This is mandatory.

For any peel treatment, you must use specific dermaquest products in order to prepare your skin for treatment. Your specialist will advise you on which products to use. The combination of clinic based treatments and skincare at home will ensure best results.

If you arrive and skin preparation or a patch test has not been completed, then we will not be able to carry out your treatment and you will lose the booking fee.

# PRE CARE



- Please inform us of any medications or health issues asap (contraindications include: immune system suppressants, immunodeficiency, medication causing photosensitivity, melasma/vitiligo for face treatments, malignant melanoma ever, radiation last 6 months, poorly controlled diabetes, epilepsy last 12 months, roaccutane last 12 months, lymphatic disorder, lupus, tanning injections ever, pregnant, breast feeding, under 18, medications containing gold, metal implants etc)
- Do not take Ibuprofen/Naproxen/Asprin/Blood thinners/ Antihistamines, or consume alcohol for at least 48h prior to your appointment (do not discontinue any medications without consulting your doctor)
- We advise to take a picture of the area to keep track of progress (as will we)
- No acids in the area for 7 days (AHA's/BHA's/Glycolic/Retinol) - unless advised to do so as part of your skin prep.
- No laser/electrolysis or similar for 2 weeks before & after treatment
- No exposure to direct sun or sunbeds for at least 5 days before treatment
- No fake tan in the area
- No hormonal, steroidal or treatment creams on the treated area for 2 weeks
- No anti-microbial, anti-biotics, anti-fungal, anti-viral or St. John's Wort for 28 days
- Ensure you've had a patch test!

## The day of your appointment:

- Arrive on time and come alone - no under 18s are allowed in the clinic
- Ensure area is clean and free of any product e.g: moisturiser or deodorant
- Please don't expose the area to steam/heat eg: hot bath/shower in order to keep body and skin temperature regular
- Please don't strenuously exercise, caffeine or smoking for 12h before treatment
- Wear appropriate clothing - comfy access to treatment areas, won't irritate post treatment



# AFTER CARE

- No make up for atleast 24-48 hours after treatment
- Avoid exercise, sauna, steam room (any heat), swimming etc for at least 24 hours
- Do not apply any perfumed creams, chemicals, bleach, fake tan etc for 48 hours
- Do not using any exfoliants (physical or chemical) for 7 days after a resurfacer or 14 days after a peel
- Skincare needs to be followed as per your skincare specialists recommendations
- Please do not pick/peel off any skin which is peeling - let this come off naturally as otherwise you may risk scarring.

## Things we expect to happen after your treatment:

Skin will feel a little sensitive for 12-24 hours

Skin may be a little pink/red

Some flakiness or peeling - this is good and will reveal fresh skin!

Skin may feel a little more dry than normal over the next coming days

After 7 days, your skin will be glowing

Please remember that these treatments are best had as part of a course. We usually recommend between 3-6 treatments spaced 4-6 weeks apart. It is important to continue the use of the recommended homecare skin products in order to ensure your skin stays healthy and glow!